



# PAKISTAN MEDICAL STUDENTS RESEARCH JOURNAL

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## MESSAGE BY THE PATRON IN CHIEF

It is with immense pleasure and pride to announce the publication of the first issue of the Pakistan Medical Students Research Journal (PMSRJ). The idea was instilled in my mind when studies showed that medical students who indulged in research at college level later go on to becoming meaningful research oriented doctors in their respective fields. Success is all about harmonious team work for which I would especially like to thank Prof Bushra Iftikhar, associate Dean Research, our Director of Medical Education Professor Farooq Ahmad and the entire editorial board.

The prelude to this was a very successful “All Pakistan Medical Students Research Conference” held last year at Khyber Medical College. Its is a pleasure to present the 1st issue of the Pakistan Medical Students Research journal (PMSRJ) to our audience.

A lot of credit goes to our Editors, Reviewers, and Authors. The journal serves to provide a medium for communicating wealthy novel findings to all in the field of Medicine, Public health, and Social Science. In line with the aim of PMSRJ to interconnect all aspects of health sciences, this issue mostly covers topics related to public health.

This journal is intended to provide a platform for both undergraduate and postgraduate students in health sciences to present their research work on priority and in a cost-effective way. The editorial team has ensured a user-friendly, cost-effective, and facilitative platform for this purpose on the journal website, where the peer review process ensures transparency, and time-saving, in the meantime, ensures the editorial process is up to the mark. I hope the editorial team will try to maintain the highest research and medical writing standards in this journal.

The journal will consist of an editorial related to current topics of interest in medicine, dentistry, education, public health, and epidemiology. Guest editorials are also welcomed. It will have original articles and a case report on a mandatory basis.

The journal is also open to students’ blogs, infographics, students’ success stories, and other relevant material. We encourage students within our institution and outside to present their research work to this journal for speedy publication. We greatly value students’ and others’ inputs in the form of letters to the editor regarding critiques, feedback, and suggestions.

I thank and congratulate the authors, the editorial team, and the IT support staff for this invaluable new step towards excelling in research from the doors of Khyber Medical College.

**Professor Dr. Mahmud Aurangzeb**

Dean, Medical Teaching Institute, Khyber Medical College, Peshawar - Pakistan  
Patron-in-Chief, Pakistan Medical Students Research Journal (PMSRJ)

## MESSAGE BY THE CHIEF EDITOR

As the Editor in Chief of Pakistan Medical Students Research Journal (PMSRJ) I wholeheartedly congratulate the students & faculty of KMC on launching a health research journal dedicated exclusively to medical students. This initiative brings forth a remarkable opportunity to enrich the educational experience and intellectual growth of aspiring medical professionals. It is an endeavour that deserves our attention and support. Firstly, the creation of a health journal specifically tailored for medical students is an important step in encouraging their development as future healthcare providers. By providing a platform for students to publish their research findings, case reports, and clinical experiences, this journal will encourage their engagement in scholarly activities. It will enable them to contribute to the existing body of medical knowledge and enhance their understanding of scientific inquiry.

Moreover, the journal will serve as a valuable resource for medical students, offering a compilation of informative articles, reviews, and discussions related to various medical disciplines. This comprehensive coverage will help students broaden their understanding beyond their curriculum, exposing them to different perspectives and advancements in the field. It will encourage critical thinking, stimulate intellectual curiosity, and promote a culture of lifelong learning among future physicians. The availability of a dedicated health journal for medical students will also promote a sense of collaboration within the student and health community. It will provide a platform for them to connect, share their experiences, and learn from each other. The opportunity to engage in peer review processes and editorial roles will further enhance their skills in scientific writing, critical appraisal, and academic leadership.

Additionally, this journal can bridge the gap between students and faculty, facilitating mentorship and advancing meaningful interactions. Faculty members can contribute their expertise by serving as reviewers, editors, or advisors to the journal, guiding students in their scholarly pursuits. Such collaboration will not only enhance the quality of the journal but also strengthen the student-faculty relationship, creating a supportive academic environment. While the launch of this health journal is a promising development, it is important to ensure its sustainability and continued growth. Adequate resources, including dedicated editorial staff, peer reviewers, and technical support, will maintain the journal's standards and ensure timely publication.

Collaborations with other institutions and medical societies can help broaden its reach and increase its impact on the medical education community. In conclusion, the newly launched health journal for medical students is a significant milestone in the academic landscape. It provides a platform for students to publish their work, expand their knowledge, and strengthen collaboration. By supporting and actively engaging with this initiative, we can empower our future healthcare professionals, develop their research skills, and contribute to the advancement of medical education. Let us embrace this journal as a valuable tool in shaping the next generation of medical practitioners and promoting excellence in medical education.

**Prof. Dr. Bushra Iftikhar**

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